# **CURRICULUM VITTAE**

Name : PRAKASH D'SOUZA

**Date of Birth** : 03-05-1979

Father's Name : Sebastian D'Souza

Mother's Name : Irine D'Souza

**Mother Tongue** : Konkani

Languages Known:English, Hindi, Kannada, Konkani, Tulu, MalayalamPermanent Address:'MOTHER', Door No 17-10, Sundaribagh, Ullal P.O.,

Mangalore, D.K. 575020

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#### **Academic Qualification:**

Qualification	<b>Institution Studied</b>	<b>Qualifying Authority</b>	Year
SSLC	B.M. High School,	Karnataka Secondary Education	June 1995
	Ullal.	Examination Board	
PUC	Bharath Pre-	Dept. of Pre-University Education	May 1997
	Univesity College,		
	Ullal		
Degree – B A	St Aloysius College,	Mangalore University	June 2000
	Mangalore		

#### **Professional Qualification:**

Qualification	Qualifying Authority	Year	Percentage	Class/ Grade	Remarks
	ruthority			point	
B.P.Ed	Mangalore	June 2004	84 %	First Class	Secured
	University			with	First
				Distinction	Rank
M.P.E.S.	Mangalore	May 2002	69.57 %	First Class	
	University				
M.Phil.	Annamalai	June 2008	62.20%	First Class	
	University				
Ph.D.	Mangalore	February	67.60%	Grade point	
	University	2023	(Course work)	7.00	
NET-UGC	University Grants	April 2014			
	Commission				
CLT (Computer	Govt. of Karnataka	December	55%		
Literacy Test)	(Kionics)	2022			



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#### **State Qualified Umpire/ Referee:**

Event	Qualifying Authority	Year	Remarks
Cricket	Karnataka State Cricket Association	2003	Grade 'A' Umpire
Athletics	Karnataka Athletic Association	2005	
Volleyball	Karnataka Volleyball Association	2005	

#### **Work Experience:**

Institution	Cadre	Year	Duration	Remarks
Badria Eng. Med. School,	Physical Education	2002-03	1 year	
Mangaore	Teacher			
St Aloysius College,	Asst. Physical	2004 – 2009	5 years	
Mangalore	Education Director			
St. Philomena College,	Physical Education	2009 to	11 years	
Puttur	Director	2020		
Sacred Heart College,	Physical Education	2020 to till	2 years	
Madanthyar	Director	the date		

# Research Activities Publications , Conferences, Seminars, Work Shops attended and Papers presented:

<b>Research Activities</b>	Qualifying Authority	Year	Remarks
Ph. D.	Mangalore University	2023	
M.Phil.	Annamalai University	2008	
Minor Research	UGC Sponsored	2014	
Orientation Program	Osmania University _ UGC	2019	
Refresher Course	LNIPE, Gwalior	2020	
Publication	International Journal of Physical Education, Sports and Health	2021	2 publications

#### **Seminar Papers Presented:**

Level	Seminar on	Title	Year	Org. by
Inter	Health Related Physical Fitness &	"Physiology &	2014	PPC,
National	Wellness	Fitness"		Udupi

#### Seminars, Conferences & Workshops, Clinics Attended:

Level	Seminars, Conferences &	Year	Org. by
I., t N - t' 1	Workshops on	2006	VMC Maninal
Inter National Conference	"Physical Education & Sports Sciences"	2006	KMC, Manipal
National Seminar	"Sports Injuries & Rehabilitation"	2012	St Mary's College,
National Seminal	Sports injuries & Renaomitation	2012	Shirva
National Seminar &	"Physical Education, Sports and the	2008	Vijaya College, Mulk
Work Shop	College Curriculum"		
Inter National	Health Related Physical Fitness &	2014	PPC, Udupi
Seminar	Wellness		
University Level Work Shop	"Sports Psychology & Athletics"	2015	GFGC, Kavoor
University level	Technical, Tactical and	2011	Managalore
Workshop	Organizational Aspect of Netball		University,
			Mangalagangothri
University Level	Symposium on 'Media& Sports	2005	Mnagalore University
	Management"		Mangalagangothri
University Level	Sports Medicine & Physiotherapy	2006	A.J. Shetty Hospital,
Workshop			Managlore
Workshop	"Teaching, Learning & Evaluation"	2007	St Aloysius College,
			Mangalore
Two day Workshop	"Athletic officiating"	2005	St Mary's College, Shirva
Workshop	Communication and Presentation	2005	St Aloysius College,
•	skills		Mangalore
University Level Workshop	"Emerging Trends in Sports"	2010	GFGC, Kavoor
Special Olympics Clinics	Bharath – Karnataka	2006	
Level- A Coaches	KSCA	2015	Chinnaswamy
Course	TISC! I	2013	Stadium, Bangalore
One Day Conference	"New Education Policy"	2019	SDM Ujire
National Conference	Application of Sports Sciences in	2018	GFGC, Kavoor
	Physical Education		
National Conference	Basic Life Support and Spine Injury	2017	Alva's College of Physical Education
National Conference	Sports for Humanism	2017	Alva's College of
rational conference	Sports for Humanism	2017	Physical Education
GIAN	Implementation of a Biomechanical	2019	Mangalore University
·	framework in the development of		
	sports studies and performance		
One day Workshop	Implementation of Physical	2021	Shree
<b>√</b> " ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' '	Education subject under NEP		Gokarnanatheshwara
	,		College, Mangalore
6 day National workshop	Sports Science Research	2022	Mangalore University
One day Workshop	Sports Injuries - Early Management	2022	St Philomena College
- 11 and Workshop	and prevention & Life saving skills		

Coaching Experience:				

# **CRICKET**

KSCA (Academy) fitness Coach	KSCA –Mangalore Zone	2004-05 & 2005-06	Players like K L Rahul, Nihal Ullal, Arif Mukka and Umesh Kharvi
MRPL School Students	MRPL School, Mangalore	2004	
COPS Students	Coorg Public School, Gonikoppal, Annual Coaching Camp	2004-05	
Shankar Cricket Academy	Wonderers Marcara Annual Coaching Camp.	2006-07 onwards	
St Aloysius College Cricket teams	St Aloysius College, Mangalore	2004 to 2009	4 times Mangalore University Champions and 3 times KSCA- Mangalore Zone 'A' Division Champions
Special Students (mentally Challenged)	Karnataka Cricket team	2005	Team secured Runners up at National Level
Cricket (Men)	Reva University	2022-23	

# Officiating Experience:

Event	Level	year	Venue
Ballbadmi nton	All India Inter University (Men)	2000-01	Mangalagangot hri
Cricket	South Zone Inter University (Men) ( Two times)	2005-06, 2011-12	Manipal University, Manipal
Cricket	KSCA-Inter Zonals (Age Group)	2003-04 Onwards	
Cricket	MUIC Tournaments	2002-03 onwards	Mangalore
Cricket	KSCA-Mangalore Zone 'A' & 'B' Division tournaments	2002-03 onwards	Mangalore
Hockey	South Zone Inter University (Women)	2013-14	FMKMC, Madikeri
Hockey	South Zone Inter University (Women)	2021-22	GFGC, Virajpet
Athletics	All India Inter University (4 times)	2011-12, 2014-15, 2018-19, 2019-20, 2021-22	Alva's Education Foundation, Moodbidri

Athletics	State Veteran	2003-04	Mangalore
Special	Coastal Region Special Olympics	2005	Mangalore
Olympics			

#### **Academic and Sports Achievements:**

#### **Academic:**

Secured I Rank in B.P.Ed. – in 2003-04 – Conducted by Mangalore University

# **Sports**

Event	Achievement	Team represented	Year	Org. by
Cricket	'B' Division Runners Up	St Aloysius College	1999-2000	DKCA
		'A' team		
Cricket	Tajmahal Trophy Winners	St Aloysius College	1999-2000	DKCA
Cricket	'A' Division Runners Up	St Aloysius College	1998-99	DKCA
Cricket	'A' Division Runners Up	M.U. Campus		KSCA –
				DKCA
Softball	Mangalore University	M.U. Campus	2003	V.B. Law
	Winners			College,
				Udupi

#### **Selection Committee Member:**

Event	Authority	year	Remarks
Cricket (Men and Women)	Mangalore University	2017-18	
		2018-19,	
		2021-22,	
		2022-23	
Ball Badminton (Men and Women)	Mangalore University	2022-23	
Weightlifting (Men & Women )& Best Physique (Men)	Mangalore University	2013-14	
Netball (Men & Women)	Mangalore University	2014-15	
Swimming ( Men & Women)	Mangalore University	2015-16	
Hockey ( Men)	Mangalore University	2015-16	
Cricket (All the age groups of three	KSCA – Mangalore	Since 2004	
Districts affiliated to KSCA Mangalore	Zone)	to 2019	
Zone – Mangalore, Udupi & Marcara U-			
14, U-16, U-19 & U-22)			

# **Team Manager of Mangalore University Teams:**

Event	Level of	Venue and	year	Remarks
	participation	Organizers		
Badminton (Men &	South Zone Inter	Acharya Nagarjuna	2002-03	
Women)	University	University, Guntur,		
	, and the second	A.P.		
Swimming (Men)	All India Inter	VTU, Belgaum	2004-05	
	University			
Swimming (Men)	All India Inter	Trivandrum	2006-07	
	University			
Swimming (Men &	All India Inter	University of	2007-08	
Women)	University	Mumbai		
Hockey (Men)	South Zone Inter	Anna University of	2010-11	
·	University	Technology,		
		Kovilpatty		
Weightlifting & Best	All India Inter	Anna University,	2013-14	
Physique (Men)	University	Chennai		
Swimming (Men &	All India Inter	Punjab University,	2016-17	
Women)	University	Chandigarh		
Kabaddi (Men)	South Zone Inter	Sathyabhama	2017-18	
	University	University, Tamil		
		Nadu		
Football (Men)	South Zone Inter	VIT, Vellore, Tamil	2019-20	
	University	Nadu		
Chess (Men &	South Zone Inter	SRM University,	2021-22	
Women)	University	Tamilnadu		
Ball Badminton	All India Inter	Mangalore University	2022-23	Secured
	University			Runners
				Up

#### **Reference:**

Mr Donnet Joseph D'Souza
 Physical Director
 St Aloysius College (Autonomous)

Mangalore Cell: 9449264256 2. Dr Gerald Santhosh D'Souza

Deputy Director of PhysicalEducation

Mangalore University Mangalagangothri Cell: 9343572023

#### **Declaration**

I hereby declare that whatever information given above is true to the best of my knowledge.

Date: 19-08-2019 Place: Puttur

PRAKASH D'SOUZA